

KARATE PROGRAM PRICING

INDIVIDUAL PACKAGES	FAMILY PACKAGES
BASIC - \$20	BASIC - \$40
INTERMEDIATE - \$40	INTERMEDIATE - \$80
ADVANCED - \$80	ADVANCED - \$120

*FAMILY PACKAGES -Limited to a family of 4. Additional family members add \$20/month
We take cash, checks and credit cards. Please make checks payable to KENSHO.

- **Basic Package - 1 Day per week** - with this package you sign up for one specific day per week. If you miss that day, unfortunately, you forfeit class that week, there is no makeup day available.
- **Intermediate Package - 2 Days per week** - with this package you sign up for two specific days per week. If you miss those days, unfortunately, you forfeit classes for that week, there are no makeup days available.
- **Advanced Package - Unlimited classes per week** - with this package you sign up for as many as five days per week. If you miss a class, you can make up that class any day that week.

<u>Additional Costs</u>		<u>Tournament Team</u>
Required: Basic Beginner Uniform: \$25 Grading Fees includes new belt \$35	Optional: Competition Quality Uniform: \$75 Sparring Gloves: \$35 Sparring Helmet: \$75 Mouthpiece: \$5	We have a tournament team that trains every Sunday morning. Try Outs for the team are held every summer. More information is available if you're interested.

GRADING AND RANK INFORMATION

We teach traditional Shotokan Karate and strive to maintain a global standard. We belong to The HDKI karate organization based in Ireland and we follow their standards. (HDKI.org)

<u>Approximation of hours to qualify for grading per rank:</u>			Each student is evaluated individually and recommended by Sensei for grading. You then pick up a Grading Evaluation form from the dojo office and submit the form and payment of \$35 grading fee one week prior to the grading date. All grading syllabus requirements are listed on our website @ kenshoshotokan.com
Belt Levels	Hours of Training Needed	Rank	
White Belt	20	10th Kyu	
Orange	24	9th Kyu	
Red	24	8th Kyu	
Yellow	32	7th Kyu	
Green	32	6th Kyu	
Purple	48	5th Kyu	
Purple/white stripe	48	4th Kyu	
Brown	48	3rd Kyu	
Brown/white strip	48	2nd Kyu	
Brown/black strip	48	1st Kyu	
Black Belt	48	1st Dan	

For grading you must wear a white karate uniform with no colored clothing underneath. No jewelry is to be worn.	
---	--

OUR CLASS SCHEDULE

If your belt color is White, Orange or Red, you will need to attend our beginner classes.
If your belt color is yellow, green, purple and brown you need to attend our intermediate class.

Our beginner classes are on:

Monday and Wednesday at 6:00pm-7:00pm

Tuesday and Thursday at 6:30pm-7:30pm

Our Intermediate classes are on:

Monday and Wednesday at 7:00pm-8:00pm

Tuesday and Thursday at 5:30pm-6:30pm

Teen and Adult Classes are on:

Tuesday and Thursday at 7:30pm-8:30pm

Daytime Classes are on:

Tuesday and Thursday Mornings at 10:30am-11:30am

Tiny Tots class (ages 3 and up) is Tuesday and Thursday Mornings at 11:30am (30 min class)

Saturday Class is open to all ages and belt colors and is at 10:00am-11:00am